

HONG KONG ICE HOCKEY ASSOCIATION

RETURN TO PLAY GUIDELINE (COVID-19)

PHASE 1: PREPARE TO TRAIN

- Ice rink and fitness centre are closed in this phase.
- Association conducted a survey to know their travel histories in the last 14 days and identify any chance of contacted suspected case.
- Association collected preferences from athletes on their participation of training and arrange sufficient coaches for small group training.
- Association provides home training video for athletes to practise at home.
- PERIOD: 28 MAR – 7 MAY

PHASE 2: PREPARE TO PLAY

- Ice rink and fitness centre are allowed to reopen in this phase.
- Association sought approval from the government on training resumption.
- Only small group training of max. of 8 persons (coach included) is allowed to take place.
- Athletes are divided into 4 - 5 groups. Distance between groups must be kept as required.
- Small group training is mostly for junior and youth, as national team members (adult and U18 players) would have to prepare for school class resumption.
- Association ensure all athletes met personal hygiene requirements, such as wearing mask, taking temperature at the rink side, and using instant hand sanitizer.
- Association seek approval for holding / participating in international / regional tournaments.
- PERIOD: 8 MAY - PRESENT

PHASE 3: RETURN TO PLAY

- Ice hockey competitions, such as local leagues and friendly games are able to recommence.
- Team training is allowed to take place, instead of small group training. Full team training on strategy and scrimmage can be resumed.
- Preparations of postponed regional and international tournament can be resumed.
- Oversea and regional tournaments can be taken place, depending on the travel restrictions of the destinations and participating nations / cities / clubs.
- PERIOD: 5 JUN THE EARLIEST, BUT DEPENDS ON THE LIFTING OF SOCIAL DISTANCING MEASURE BY GOVERNMENT.