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I represented Team Korea in numerous World Championships, an Asian Games, and the PyeongChang 2018 Olympics. Following retirement in 2020, I took on roles in international affairs at KIHA. Subsequently, I pursued a master's degree in sports management at Seoul National University. My thesis, "A Reflection on Enhancing Olympic Values through the Experiences of Female Ice Hockey Players in the Mixed NOC Team at the Lausanne 2020 Youth Olympic Games," reflects my dedication to promoting Olympism values, inspired by experience competing as part of the unified North and South Korean team during the PyeongChang 2018 Olympics. Recently, I served as deputy sports manager at the Gangwon 2024 Youth Olympic Games. I've observed that many young athletes become overly fixated on winning, prioritizing outcomes over the joy of playing the game. So, my aspiration is for young players to find fulfillment in hockey itself, to learn from the process, grow as individuals, appreciate the importance of teamwork, and respect opponents. Ultimately, I hope hockey can serve as a platform for building a global network of connections.